



# Business & Professional Directory

**Have Unwanted House Guests?**  
**Call Today! (760) 432.8801**



**CORKY'S**  
 PEST CONTROL & LANDSCAPE SPRAYING



**FERRIS COMMUNICATIONS**  
 SERVICE EXCELLENCE WEST REGION  
**NEXTEL**  
 ATTACHED REPRESENTATIVES

**SAN MARCOS:**  
**760.744.6887**  
 FAX: 760.744.7662 • 1295 Linda Vista Drive  
 www.ferrcom.com

**Get digital satellite TV in every room of your house!**

Call for details! **Rancho Satellite**  
**760.291.1362**  
 1980 E VALLEY PARKWAY



**YOUR NEIGHBORHOOD SOURCE FOR ALL YOUR LUMBER and HARDWARE NEEDS**  
**ESCONDIDO LUMBER AND TRUE VALUE HARDWARE**  
 310 South Quince, Escondido  
**760.745.0881**



**Showcase Moulding**  
 Crown, Base, Casing and Decorative Items  
 MDF, Pine, Oak, Maple, Alder, Cherry and Mahogany  
**760.735.8746**  
 1233 Simpson Way, Escondido

**Try Gastro-Slim®**  
 A New Natural & Safe Dietary Supplement



Helps Neutralize Starches\*  
 Promotes Energy and Lean Body Mass\*  
 Helps Suppress Appetite\*  
 Helps with Fat Oxidation and Thermogenesis\*  
 Promotes a Lean and Shapely Body\*  
**Proper Nutrition, Inc.**  
 Call us at 1-800-555-8868  
 or visit us at [www.propernutrition.com](http://www.propernutrition.com)

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



**Andy Yates**  
**760.295.7207**  
**760.822.3019**  
 Lic:#910060

All Phases of Construction  
 Custom Homes • Remodeling  
 Room Additions • Decks • Patios

**High Speed DSL**

- High Speed Surfing
- Free Local Tech Support
- Starting at only \$19.99
- Unbeatable Business Packages are also Available

**Palomar Broadband**  
 28904 Valley Center Rd.  
 Valley Center  
 Office: 760.749.1335  
 Fax: 760.749.7257  
 Email: [sales@vcweb.org](mailto:sales@vcweb.org)  
 Web: <http://www.vcweb.org>

**HUGE SELECTION • LARGEST WAREHOUSE IN NORTH COUNTY • HUGE SAVINGS**



**TRI-CITY CARPET**  
 Serving North County Since 1969  
**VISTA** **ESCONDIDO**  
**760) 724-5595** **760) 743-6252**  
 1455 W. VISTA WAY 840 E. VALLEY PKWY.

48 Hour Installation Available!  
[www.tricitycarpet.com](http://www.tricitycarpet.com) • Se Habla Español • Lic. #36346

**HI LO ELECTRIC**  
 Electrical • Lighting • Security Monitoring • CCTV • Access Control

**Todd Nelson**  
 Commercial • Residential  
 Lic # C-74C-18-774895, ADD 5706  
 Licensed • Bonded

P.O. Box 1483  
 San Marcos, CA 92079-1483  
**(760) 471-3252**

**Do You Need Help at Home?**



**760.743.1471**

- Bathing • Personal Care
- Cooking • Respite Care
- Cleaning • Transportation
- Laundry • Shopping and much more.

We provide any type of non-medical help. Our mission is to provide dependable, professional, sincere caregivers to help you at home.  
**CALL NOW**

**Dr. Mark Cafagna**  
**Chiropractor**  
 Auto • Work • Sports Injuries  
 Neck & Lower Back Pain  
 Spinal Decompression  
**760.410.2373**  
 456 E. Mission Road • San Marcos, CA 92069  
[www.DrMarkChiropractor.com](http://www.DrMarkChiropractor.com)



*room for but one flag, the American flag ... We have room for but one language here, and that is the English language ... and we have room for but one sole loyalty and that is a loyalty to the American people.'*

**Know What? You could own this space. It'd be all yours. And over 25,000 readers each week would be able to read about what a nice person you are, and what a nice business you have. It'd be a nice little investment. Call us. We'll talk. 747.7119**

**Theodore Roosevelt's ideas on Immigrants and being an AMERICAN in 1907.**

*'In the first place, we should insist that if the immigrant who comes here in good faith becomes an American and assimilates himself to us, he shall be treated on an exact equality with everyone else, for it is an outrage to discriminate against any such man because of creed, or birthplace, or origin.*

*But this is predicated upon the person's becoming in every facet an American and nothing but an American ... There can be no divided allegiance here. Any man who says he is an American, but something else also, isn't an American at all. We have*



**Leave the Sprinting to us**

North County's new **SPRINTER** light rail train has arrived. With service every half hour on weekdays and every hour on the weekends, it's easy to hop aboard the **SPRINTER**. Catch the train at any one of the new 15 stations. **BREEZE** buses are conveniently coordinated to connect you to major destinations along the Highway 78 corridor. Your ticket to North County's new short cut begins at only \$2 per trip.



**SPRINTER**  
 GoNCTD.com • Call 511  
 WE MOVE PEOPLE



15 STATIONS SERVING YOU

