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## Preferred Home Care

Those of us who have had to deal with aged parents and the infirmities of age can perhaps better appreciate the services offered by Preferred Home Care.

This profession attracts a certain type of person; someone who is compassionate, caring, patient, and understanding. You have to have these qualities or you simply would not make it.

I don't know about you, but if I need home health care I, for certain, want someone I will like . . . who becomes almost like part of my extended family, and who I know is caring, compassionate and considerate.

It's a fair assumption that you would want the same for yourself, your family, your friends.

That's where Preferred Home Care comes in. They're just a phone call away at 760.743.1471.

You'll likely talk to either Cheryl Castro, Administrative Assistant of Preferred Home Care in Escondido, or Cindy

Smell, Patient Care Coordinator. Both have those qualities. Cheryl has been with Preferred Home Care for 12 years, Cindy for seven. Both are California girls, with Cheryl being raised in Escondido, Cindy in Poway.

Cheryl was a caregiver in the field and has done it all. That's why, as an administrator, she knows what to look for in caregivers when she recruits and trains - and she knows how best to match up a caregiver with a client. Cindy has a great deal of training as a medical assistant and in psychology, which comes in handy when dealing with people from so many different walks of life.

So, these are your contacts at Preferred Home Care.

Fine, you say, but what can Preferred Home Care offer me?

Peace of mind is one very large

offering. Knowing your loved ones are cared for as well, or better than you yourself could do.

Services run anywhere from light housekeeping to companionship . . .to doing the laundry, to caring for a sick child, meal preparation, shopping, transportation . . . or perhaps just temporary respite care so the

patient. The time commitment, the emotional commitment, all weighs on you. And that is just one more area where Preferred Home Care can help you. To give you a break. Often, a badly needed break.

Your loved ones are helped with the everyday tasks of life. Simple or complex, Preferred Home Care can help.

They can help with both men and women, chronically ill, disabled, aged or convalescing. Whether it's a short term break, or ongoing care, Preferred Home Care is trained and ready to provide the service you need.

You can also expect 24 hour On-Call Staff. No matter what time of day or night you need help, they are there for you.

You can read more about Preferred Home Care on their website at:

[www.preferredhomecare.net](http://www.preferredhomecare.net) - or simply call them at 760.743.1471, or 619.296.9670, toll free calls at 1.800.970.6478.

Preferred Home Care, where "Caring is our Business."



Left, Cynthia "Cindy" Smell, Staffing Coordinator, right, Cheryl Castro, Administrative Assistant

family can get off and enjoy something of life other than constantly caring for a patient.

One hard lesson you will learn, often life is more difficult for the caregiver than for the

